

# MIDLAND MENTORS



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Mentors Make a Difference...



## About Midland Mentors

Midland Mentors is a volunteer program focused on helping at-risk teenagers in the Juvenile Care Center Day Treatment Program by matching them with a caring adult who will spend time with them once a week for a year. Some activities shared by the mentoring pairs include racket ball, scrapbooking, watching movies, bow hunting, bowling, cooking, biking, and taking walks.

Quality relationships give young people an opportunity to talk about issues they face. A mentor acts as a sounding board, someone who may not have all the answers or the ability to fix problems, but who listens with empathy and compassion. Caring adults help teenagers succeed by providing support, friendship and guidance. Mentors teach teenagers how to keep strong in difficult times, and in many cases they make the difference between success and failure. To continue growing, Midland Mentors is searching for caring volunteers to share their time with an at-risk teenager.

Mentors make a difference, not only in the life of a child, but in the quality of our community.

***Invest in our community one life at a time.  
You can make a difference.***

## Requirements

- Be willing to be a friend.
- Be dependable and consistent in meeting time commitments.
- Be able to spend time with your youth at least once a week for a year.
- Be willing to complete the application and screening process.
- Complete an initial 2-hour training session and ongoing training.
- Live in the Midland area, communicate regularly with program staff, and be willing to adhere to all program policies and procedures.
- Have no criminal history.
- Use no illicit drugs.
- Do not use alcohol or controlled substances in an inappropriate manner.
- Cannot be currently in treatment for substance abuse, and must have a non-addictive period for the past five (5) years.
- Cannot currently be in treatment for a mental disorder or hospitalized for such in the past three (3) years.